

1. Job 8:9

For we are but of yesterday and know nothing,
for our days on earth are a shadow.

[Read more on ESV.org](#)

2. Psalm 39:4-5

“O LORD, make me know my end and what is the measure of my days;
let me know how fleeting I am!
Behold, you have made my days a few handbreadths,
and my lifetime is as nothing before you.
Surely all mankind stands as a mere breath!

[Read more on ESV.org](#)

3. Psalm 90:10

The years of our life are seventy, or even by reason of strength eighty;
yet their span is but toil and trouble; they are soon gone, and we fly away.

[Read more on ESV.org](#)

4. Psalm 103:15-16

As for man, his days are like grass; he flourishes like a flower of the field;
for the wind passes over it, and it is gone, and its place knows it no more.

[Read more on ESV.org](#)

5. James 4:13-15

Come now, you who say, “Today or tomorrow we will go into such and such a town and spend a year there and trade and make a profit”— yet you do not know what tomorrow will bring. What is your life? For you are a mist that appears for a little time and then vanishes. Instead you ought to say, “If the Lord wills, we will live and do this or that.”

[Read more on ESV.org](#)